

## Postgraduate Diploma in Mental Health

Our Graduate Program attracts credit towards the Postgraduate Diploma in Mental Health at La Trobe University. The theoretical material for these subjects will be incorporated throughout the 12 paid study days during the Mental Health Graduate year

### Postgraduate Diploma in Mental Health Subjects include:

- Clinical Practice in Mental Health 1
- Clinical Practice in Mental Health 2
- Systematic Review and Evaluation of Healthcare Research or
- Therapeutic Medication Management B
- Advanced Practice in Mental Health 1
- Advanced Practice in Mental Health 2
- Methods for Graduate Research or
- Therapeutic Medication Management A

The Post Graduate Diploma in Mental Health articulates with the Master of Mental Health at La Trobe University. Please contact Kate Emond for further information on the postgraduate program.

### Course Information :

Kate Emond  
Post Graduate Mental Health Coordinator  
La Trobe Rural Health School  
College of Science, Health and Engineering  
La Trobe University  
Tel: (03) 5448 9100  
Email: [k.emond@latrobe.edu.au](mailto:k.emond@latrobe.edu.au)

## Mental Health Services Professional Development Unit (MHPDU)

- Promotes the speciality of mental health nursing practice
- Enhances mental health practice through reflective and evidence based approaches to education and professional development
- Contributes to undergraduate and postgraduate mental health education
- Promotes and facilitates the ongoing professional development of mental health clinicians
- Promotes and facilitates mental health research
- MHPDU manages the Mental Health Services Graduate Program

For any questions about preparation for interviews and applications for a Graduate Position in the Bendigo Health Mental Health Services GNP please contact:

Cindy or Sam on 5454 7612 or email  
[Mhpdutraining@bendigohealth.org.au](mailto:Mhpdutraining@bendigohealth.org.au)

to book an appointment to speak with one of our friendly educators.

## Mental Health Graduate Nurse Program



### Information for prospective Mental Health Graduate Nurses



## Bendigo Health Mental Health Services

Bendigo Health is an accredited health organisation, consisting of acute care services, rehabilitation centre, residential care, mental health services, palliative, hospice care and a broad range of extended and community services.

Bendigo Health Mental Health Services provides Child and Adolescent, Youth, Adult and Older Persons Community and Inpatient mental health services (including a Parent Infant Unit) to people in the Loddon Campaspe Southern Mallee region of Victoria.

Bendigo Health Mental Health Services actively supports and encourages educational opportunities for staff, offering a comprehensive range of programs to facilitate continuing professional development.

With Mental Health services increasing there exists enhanced career opportunities for Mental Health Nurses.

## Mental Health Graduate Nurse Program (GNP) Aims

If you interested in working in an exciting, innovative area of nursing, offering you unlimited opportunities for work variety and rapid advancement, then the Mental Health GNP is for you.

The principal aim of our specialist Mental Health GNP is to support new graduates during their first year of nursing to develop the skills, knowledge, applied experience and values to become an effective member of the mental health nurse workforce.

## Mental Health Graduate Nurse Program Outline

- Program commences Jan-Feb 2020
- GNP is conducted over 52 weeks, 4 days a week (0.8 EFT), rotating through day and evening shift (no night shift is expected during the year)
- First week consists of 5 concurrent orientation days designed to enable work readiness
- 12 paid study days held monthly over the year
- 3 clinical rotations of 4 months each in either Youth, Adult or Older Person Inpatient or Community settings
- Community rotations are supernumerary and inpatient rotations have 3 supernumerary days at placement commencement
- Monthly individual and group clinical supervision is mandatory for all graduates
- Preceptor allocated for each rotation
- Comprehensive, ongoing competency based skills assessments
- Successful completion and attendance of study days & Graduate Program meets the requirements for three 30 credit point subjects towards the Post Graduate Diploma of Mental Health
- Once the GNP year is complete and the graduate has gained employment the opportunity to complete the Graduate Diploma/ Master of Mental Health will be available.

## Program Completion

To successfully complete the Bendigo Health Mental Health Graduate Nurse Program, participants are required to complete 12 months employment at Bendigo Health, demonstrate an appropriate level of competence in Mental Health nursing practice for a beginning practitioner and successfully complete the theoretical assessments for the Postgraduate Diploma of Mental Health subjects.

